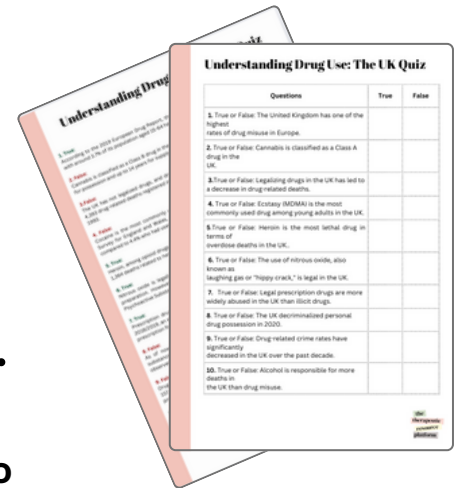


Understanding Drug Use: The UK Quiz

Instruction page



1

Activity Type

Age: 10-18+

Participation Style:

1-1 activity
Group activity
Group play - solo points

Theme:

Educational Awareness.

Challenge Level

MODERATE

Resource Format:

Quiz/Game
PDF worksheet

2

General Activity Info

Understanding Drug Use: The UK Quiz: UK Citizenship Quiz - true or false activity:

This true-or-false quiz aims to test and expand knowledge about drug use, classification, and related issues in the UK. It covers topics such as drug misuse rates, the classification of substances like cannabis and nitrous oxide, and the impact of drug policies. The quiz also examines overdose deaths, the abuse of prescription drugs, and the effects of legal and illegal substances. Additionally, it addresses trends in drug-related crime and the role of alcohol in mortality rates. This activity seeks to provide factual insights into drug use and its consequences in the UK.

True or False Activity

Our True or False activity is an engaging way for you to share knowledge with participants. It can be done in a one-to-one setting or within a group. Simply print the worksheet, distribute it, and have participants answer the questions. Once they're finished or after 15 minutes, go through the answers together and discuss them in more detail. Alternatively, you can ask the questions verbally and have participants show True or False flashcards in response. Flashcard templates are available on our website.

3

Materials Needed

- A printed copy of the resource OR Flashcards.
- Pens.
- A dry-erase marker if you plan to laminate the sheet making it reusable.

4

Step by Step Instructions

1. Print out the true or false quiz sheet **OR** print out our flashcards if you plan on asking the questions verbally.
2. Give participants time to answer the questions. Then go through each question and their answers.

Top Tip: You could laminate the sheet and use a whiteboard pen to mark off completed tasks, making it a reusable tool for future weeks.

the
therapeutic
resource
platform

Understanding Drug Use: The UK Quiz

Questions	True	False
1. True or False: The United Kingdom has one of the highest rates of drug misuse in Europe.		
2. True or False: Cannabis is classified as a Class A drug in the UK.		
3. True or False: Legalizing drugs in the UK has led to a decrease in drug-related deaths.		
4. True or False: Ecstasy (MDMA) is the most commonly used drug among young adults in the UK.		
5. True or False: Heroin is the most lethal drug in terms of overdose deaths in the UK.		
6. True or False: The use of nitrous oxide, also known as laughing gas or "hippy crack," is legal in the UK.		
7. True or False: Legal prescription drugs are more widely abused in the UK than illicit drugs.		
8. True or False: The UK decriminalized personal drug possession in 2020.		
9. True or False: Drug-related crime rates have significantly decreased in the UK over the past decade.		
10. True or False: Alcohol is responsible for more deaths in the UK than drug misuse.		

Understanding Drug Use: The UK Quiz

1. True:

According to the 2019 European Drug Report, the UK has one of Europe's highest drug misuse rates, with around 3.7% of its population aged 15-64 having used drugs in the past year.

2. False:

Cannabis is classified as a Class B drug in the UK, carrying a maximum penalty of 5 years imprisonment for possession and up to 14 years for supply.

3. False:

The UK has not legalized drugs, and drug-related deaths have been on the rise. In 2019, there were 4,393 drug-related deaths registered in England and Wales, the highest number since records began in 1993.

4. False:

Cocaine is the most commonly used drug among young adults in the UK. According to the Crime Survey for England and Wales, around 8.6% of 16-24-year-olds had used cocaine in the last year, compared to 4.4% who had used ecstasy.

5. True:

Heroin, among opioid drugs, carries the highest risk of overdose deaths in the UK. In 2019, there were 1,364 deaths related to heroin/morphine use, accounting for 33% of all drug poisonings.

6. True:

Nitrous oxide is legally available in the UK for certain purposes, such as medicinal uses or food preparation. However, its recreational use as a psychoactive substance is prohibited under the Psychoactive Substances Act 2016.

7. True:

Prescription drug misuse is a growing concern in the UK. According to a Home Office survey, in 2018/2019, an estimated 3.8% of adults aged 16 to 59 had taken prescription-only painkillers without a prescription for non-medical purposes.

8. False:

As of now, the UK has not decriminalized personal drug possession. Possession of controlled substances remains a criminal offence, although different approaches to enforcement can be observed, such as diversion programs for minor offenses.

9. False:

Drug-related crimes remain a concern in the UK. In the year ending March 2020, approximately 157,608 drug offences were recorded in England and Wales, showing a slight increase compared to previous years.

10. True:

Alcohol-related deaths in the UK significantly outweigh drug-related deaths. In 2019, there were 7,830 alcohol-specific deaths registered in England and Wales, compared to 4,393 drug-related deaths during the same period.